

QuickLEARNS™

A SERIES OF **FREE** WORKSHOPS FOR TIME
PRESSURED HEALTH PROFESSIONALS

Bring
these to
your team

SESSION	PRICE	TIME
BRIEF ACTION PLANNING - These 3 questions and 5 skills will change the way you support patients and help integrate self-management into your work with them.	<i>free</i>	<i>1 hour</i>
HEALTH LITERACY AND TEACH BACK - Learn how to ensure that everyone understands health information and can use it to positively affect their health outcomes.	<i>free</i>	<i>1 hour</i>
MOTIVATIONAL INTERVIEWING: CHOICES AND CHANGES - Learn strategies to assess the likelihood of a patient changing their behaviour and how to support them on the difficult journey of change.	<i>free</i>	<i>1 hour</i>
HEALTH CARE CUSTOMER SERVICE - Connect to Learn- Acquire skills that you can use in your everyday interactions to create a connection with patients and encourage self-confidence.	<i>free</i>	<i>1 hour</i>

“Timely, pertinent information delivered in an easy to follow manner. A must for all health care professionals.”