

## HOPE Eats

**625 Main Street East Listowel**  
Meals provided to Hope Links & a  
FREE Community meal:

**Wednesdays 5pm-7pm**

Supported in  
part by:



## HOPE Links

**295 Main St. W. Listowel**  
Space for community, connection  
and change with access to  
laundry, showers and meals

**Monday, Wednesday & Thursday**  
**11am -4pm**

## Pathway of Hope

**Available at all our programs.**  
Support to help you reach your  
goals. Helping you set goals,  
develop a network of support and  
get connected in the community.

Like us on **Facebook @**  
**The Salvation Army CFS Listowel**

## CONTACT US

**Food Bank Coordinator**  
**Carolyn Saunders**

Call: 519-291-2900 Text: 226-622-4719  
Carolyn.saunders@salvationarmy.ca  
(Food Bank, Harvest of HOPE, OESP,  
LEAP, Backpacks)

**Outreach Coordinator**  
**Stephanie Siertsema**

Call: 519-291-3200  
Stephanie.siertsema@salvationarmy.ca  
(Hope Links, Hope Eats)

**Pathway of Hope Caseworker**  
**Heidi Shantz**

Call/Test: 226-622-7400  
Heidi.shantz@salvationarmy.ca

**CFS Director**  
**Gwyneth Woods**

Call: 519-291-3200  
Gwyneth.woods@salvationarmy.ca  
(Financial Donations, Collaboration and  
Partnership)

**Office Administrator**  
**Kelly Payne**

Call: 519-291-3200  
Kelly.payne@salvationarmy.ca  
(Volunteering, General Information)

**Pastor & Executive Director**  
**Wendy Johnstone**

Call: 519-291-3200  
Wendy.johnstone@salvationarmy.ca  
(Pastoral Care, Church connection)

THE SALVATION ARMY  
COMMUNITY & FAMILY SERVICES  
LISTOWEL



Giving  
Hope  
Today

### **Food Bank**

**326 Main St. E. Listowel**  
Confidential care for anyone  
experiencing food insecurity.

If possible, please call for an  
appointment.

**Wednesday & Thursday**  
**10:00am-3:00pm**

**Evening appointments**  
**1st & 3rd Tuesday of each month**

### **Tax Preparation**

**326 Main St. E. Listowel**  
Tax Assistance is available FREE of  
charge for low income community  
members.

For more information or to book a  
time to drop off your tax infor-  
mation:

please call: 519-291-2900

**Supported by:**  
**The City of Stratford &**  
**CVITP**

### **Feline Friends**

**326 Main St. E. Listowel**  
Assistance in getting cats spayed  
or neutered. FREE

For more information please call: .  
519-291-2900

### **North Perth Sports for Kids**

**625 Main St. E. Listowel**  
Sports sponsorship available to  
local kids for local programs.  
For more information:

Please call: 519-291-3200



**NORTH PERTH**  
SPORTS FOR KIDS FUND



### **OESP**

**326 Main St. E. Listowel**  
The Ontario Electricity Support  
Program allows low-income  
households to reduce their  
regular electricity bill each  
month.

For more information  
please call: 519-291-2900

### **LEAP**

This Low Income Energy  
Assistance Program allows  
individuals to apply for assistance  
with energy arrears or threat of  
disconnection. Once the applica-  
tion is complete our local office  
can assist with verifying the pa-  
perwork. To begin the process  
contact:

LEAP Helpline: 1-855-487-5327

[Email LEAP@UWSimcoeMuskoka.ca](mailto:LEAP@UWSimcoeMuskoka.ca)

### **Back 2 School**

**326 Main St. E. Listowel**  
Applications for Back to School As-  
sistance begin each August.

Please call: 519-291-3200 for more  
information or watch our Facebook  
page for updates.

### **Harvest of HOPE**

**625 Main St. E. Listowel ON**  
The Harvest of HOPE Educational  
garden is open spring to fall and we  
welcome you to participate in the  
many opportunities to learn and  
grow together.

Please call: 519-291-2900 for more  
information or watch our Facebook  
page for updates.

### **Christmas Assistance**

**625 Main St. E. Listowel ON**  
Christmas dinner "hampers" and  
toys for kids 14 and under available  
each Christmas. Applications begin  
early November and end early De-  
cember.

For more information  
Please call: 519-291-3200 or watch  
our Facebook page for updates.